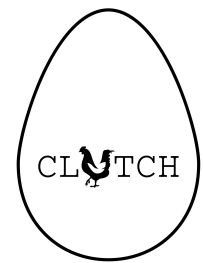


Home of Guilt Free Fried Food.

We're nuts so we only use nut oils to cook our food.



BREKKIE MENU 9AM-12PM

Avocado on toast, lemon & chilli £5.50
Boiled eggs and soldiers £5.00
Granola, greek yogurt & berries £5.00

LUNCH SPECIALS

Crispy coated thigh burger, gherkins, lettuce, onion, burger sauce, garlic mayo in a brioche Bun £12

Crispy tofu steak burger, pulled shiitake, gherkins, lettuce, onion & tofunaise in a vegan or brioche bun £12

Toasted wrap with chargrilled chicken breast, sweet peppers, feta, avocado, spinach, naga mayo & sweet potato fries £7

Toasted Wrap with chargrilled Halloumi, sweet peppers, feta, Avocado, spinach & naga mayo & sweet potato fries £7

£10 EXPRESS MENU 12PM-5PM

Choose any Dish below & 1 Drink ½ pt Asahi, 175ml red or white house wine or a soft drink

Chicken sausages, colcannon mash & clutch onion gravy

3 Love me Tenders and Slaw (choose from Soy Glaze, Naga Fire or Parmesan Citrus)

Rosemary Fergusons chicken Caesar salad with romaine lettuce, kale & roast pumpkin seeds with yoghurt dressing

KFC - Marinated cauliflower in a tempura batter with black vinegar, mirin sauce & fries

BEAT THE CLOCK 5PM-7PM

Choose 1 dish & 1 Drink & pay the price of the time you dine i.e order at 5.30pm pay £5.30 ½ pt Asahi, 175ml red or white house wine or a soft drink

Chicken & apricot sausages with colcannon mash & clutch onion gravy

6 crispy coated wings with a sauce of your choice & fries

Rosemary Fergusons chicken Caesar salad with romaine lettuce, kale & roast pumpkin seeds with yoghurt dressing

SWEET STUFF

Homemade Apple Pie w/custard or Banoffie Pie ----- £5.50